## WHAT CATARRH IS

It has been said that every third person has catarrh in some form.

Science has shown that nasal catarrh often indicates a general weakness of the body; and local treatments in the form of snuffs and vapors do little, if any good.

To correct catarrh you should treat its cause by enriching your blood with the oil-food in Scott's Emulsion which is a medicinal food and a building-tonic, free from alcohol or any harmful drugs. Try it. Scott & Bowne, Bloomfield, N. J.

#### COMMUNICATIONS.

THOMAS H. CAVE, JR.

To the Editor of the Register : fraternity and though he did not encamp on the bloodless field of Chickamauga in 1898, the mantle of Horace F. Graham will have failen upon a worthy and competent successor.

F. H. WARNER. Cornwall, Vt., August 15.

WHAT IT MEANS TO ASSEMBLE AND MAINTAIN THE NATION-AL GUARD.

To the Editor of the Register:

A good many letters reach us from friends who can not understand why the National Guard is kept in the service of the United States now that the Mexican situation has apparently quieted down. Newspaper sentiment and even resolutions offered in Congress many people think we are doing nothing at all here on the border, since we are not sent forward across the Rio Grande. It is not a soldier's business to ques-

may be proper for me to explain that we are far from idle in our present occupation, and that it is not difficult for us who are in the service to see the value of the work in which we are now engaged. The feeling to which I have referred seems to be based on the idea that if a soldier is not shooting at an enemy, he is doing nothing. As a matter of fact, actual battle is only a very small part of a soldier's life. The battle of Gettyburg lasted only three days, while the Civil war continued four soldiers of the Union army was ten. Some served for months and were never under fire. There are few men in the ordinarily notice. United States army to-day who have been under fire a dozen times. They Eagle Pass, Texas, are faithful, able men, entitled to all credit and honor, yet for the most part they have been doing just what, in proportion to our ability, we have been doing since our arrival on the border. Preparation, learning the profession of arms and the duties of a soldier, and attending to the routine of army life, describe army work the large part of the time, and much of the time even when a nation is at war.

The military education of officers and men includes very much more than is generally realized. What is popularly understood as "military drill" is only a very small part of it. A very important part is the care of an army in the field, not on a prepared camp ground with a water system and electric lights, but under some such trying conditions as actually face us on the border. In the with such little friction.

Pass, a city of half as many people, gentle art of bootlegging. and all have been housed, fed, clothed, and supplied tolerably well with army Y. M. C. A. TENT APPRECIATED. equipment. There have been wagons and motor trucks for all necessary to drain off the rains. Not a cord of contributed largely by five ex-governors

army had enough wood freighted here Smith, G. H. Prouty, Allen M. as large chunks in the average colfor the greedy out-door stoves, and all Fletcher and the survivors of Fletcher lege as anywhere else in all the wide, week, before the mules came, when the the Vermont boys in torrid Texas. boys had to back it. When the poor fellow died from his burns, there was even a coffin for him in the Quartermaster's storehouse.

Packard trucks went by our camp, each vey to discover what birds eat-they're one towing on wheels a large boat for a teaching the farmer where to point the pontoon bridge. Each of those pon- shot-gun, Ignorance has long contoons is as big, or bigger, than one of fused some of the leading policemen of breast of every person that calls for the sail scows used for ferries on Lake the air with the upper criminal classes. fair play, and denounces, silently or Champlain, much longer but not quite For instance, there is the crow. Of so wide. I suspect there were enough of course he does steal a few grains of them here to make a bridge over the corn and uproot an occassional succu-Rio Grande, and men and materials to lent stalk. But why begrudge him social life or in anything else. lay them so that an army could cross. such trifles? Let him take his little bit Again the writer commends to the It cost over \$2000 for the freight alone on the side-he's entitled to his board. favorable consideration of the yoemanry on those pontoons from the place where Old Cornix is a staunch ally of man, a of "Old Addison" a friend in the per- they had been stored. It cost no small doughty bug hunter, an omniverous son of Thomas H. Cave, jr., of Barre sum to build them, and not a little for worm killer and weed eater. He isn't city, candidate for State Auditor. The the pay and sustenance of the men who nearly as black as he is painted. true and real Jeffersonian test "Is he know how to use them. Yet the country capable? Is he honest?" can be safely has heard nothing of them, and even if applied to him. If the people of the we had had war a pontoon bridge would State should elect him to this office, have figured for only a line in the story though he is not a member of the legal of events. But if there had been war, and if the International Bridge had been blown up, and if our army had then had no meaus of crossing, the failure in our preparation would have been count the amounts expended by the a scandal.

expensive affair, and preparation for able lesson in preparation our nation the highways to-day are not in any has had for eighteen years. Every day better condition than a year ago. Here is adding to it. The usefulness of the and there some good roads are found practice, not only for those who are but in general much better results new at the business, but not less for should be expected for the large amount the regular army, will continue to in- of money spent. crease for months yet. If we take our preparedness convictions at all seriously, we will be willing to continue the exexpress the same view. Apparently periment as long as those best fitted to

Either the heat is less trying or we are becoming acclimated, for there is much less discomfort and complaint tion policies, but to obey orders, yet it about it than the first week we were noying and no less frequent

Our Y. M. C. A. tent is certainly a great success. It is patronized freely and I should judge by nearly every man in the Regiment. Messrs Brown and Chapman have plenty of work, but their services have not a little to do with the success of the building.

Monday I was in San Antonio to buy a piano for the Y. M. C. A. The money was contributed largely by the officers. I found the city very interesting and evidently prosperous. I had two hotel gagements participated in by the meals, the first time I have used a There are some blessings we do not

JOHN M. THOMAS.

August 8, 1916.

#### VERMONT OPINION

COIN FROM ARNOLD'S FLAGSHIP. St. Johnsbury Republican-

bearing the date of 1775, supposed to have been washed up from Arnold's flagship sunk during the Revolutionary war. Strange what these newlyweds discover while strolling on the beach.

MISSOURI JUSTICE.

Rutland News.

From time immemorial the drastic penalties administered by Vermont courts to violators of the liquor selling laws have been the subject of editorial assembly and maintenance of the guard denunciation. Vermont penalties, howregiments here the army has had the ever, pale into insignificance beside best possible practice. The wonder is, those given in Missouri. In Dade county not that some things have been lacking, in that State, a druggist was fined but that a task of such magnitude has eight thousand dollars and sentenced to been accomplished so successfully and eight years in jail, while his partner drew a four thousand dollar fine and Here are some 10,000 of us at Eagle four years in jail for pursuing the

Rutland News. Chaplain John M. Thomas of the transportation, and mules for the First Vermont regiment, National wagons and gasoline for the trucks. A Guard, in service on the international division bakery has been established border in Texas, speaks in words of and it has turned out a sufficient supply deepest appreciation of the beneficence of wholesome bread each day. The of Vermonters in providing a tent and butter has not run short, nor the sugar, two workers of the Y. M. C. A. for the nor the salt. There were tent pins for militiamen. It is well to remember all the tents and shovels to dig ditches that the funds for this enterprise were

NOT AS BLACK AS PAINTED. Richford Gazette.

Experts in the Department of Agri-This morning a number of powerful culture have been taking a gizzard sur-

VERMONT HIGHWAYS.

Burlington Clipper. 44 were made by the State for highway improvement for the year ending June 30. This does not take into actowns and cities. It is reasonable to War is a tremendously claborate and expect that Vermont expended nearly a million dollars on its highways and

> DESERVED PUNISHMENT. St. Johnsbury Caledonian,

posed on Harry Boyd by Judge F. E. Albee's. Barber of Brattleboro. Boyd is the man who recently ran an auto through WOMAN CROSS-EXAMINES DE-Brattleboro while intoxicated and threw Mrs. W. M. Randall from his auto, besides striking a bridge, a team and injuring other people. Believing that a heavy enough fine could not be imposed for reckless driving, State's Attorney Hughes made the charge against him of breach of the peace which allowed the imposition of a fine commensurate with his offence. It looks as though the judicial department of the government is ready to co-operate with the prosecuting officers in stopping the operation of automobiles by intoxicated persons.

GOOD RATIONS FOR 1ST VERMONT. Barre Times.

fact, than richer foods for existence in leg, rib and many bruises. that climate. That there is plenty of it is further revealed by the same writer, who declares: "After you have been plenty of them.

OBSTRUCTED VISION.

Barre Times.

The selectmen of many towns in Vermonthave been negligent this summer in the matter of cutting away the brush the actual danger. This applies particularly to sections where curves in the highmobiles or between automobiles and being seriously injured. teams or between teams. Some of Vermont's roads are twisting enough in and of themselves to make travel extremely hazardous even at a slow speed; and the added handicap of obstructed vision makes them very much more of a menace. The people of every town should courteously bring this matter to the attention of their selectmen and request that the brush and small trees . closely bordering the highway be cut without further delay. Prompt work along this line may forfend serious accident.

A GOOD RULE.

Springfield Reporter, The Inter-Fraternity Council of Middlebury College has adopted eight rules for the guidance of Middlebury College boys, in securing new members for their "frats." One of these reads as fallows: "No fraternity Get rid of that tired, draggy, lifeless feel- and heifers. shall say anything detrimental con-cerning another." This is a mighty two tonight. In the morning that fine rule, but one that will be exceed- stuffed, dull feeling is gone and you feel ingly difficult of enforcement, con- better at once. 25c. at your druggist -adv.

wood can be cut hereabouts, but the of Vermont, Carroll S. Page, E. C. sidering that human nature is found in we have had to do has been to send our D. Proctor. It is a most practical wide world. The average young man of we have had to do has been to send out means of alleviating the hardships of today is inclined to think that the quickest way to win another young man to himself is to run down his opponent, and that the easiest manner in which the claims of a rival fraternity can be put out of commission is to roundly denounce it, and to maintain that it is absolutely worthless. But such is not the case. The reverse is true.

There is something deep down in the openly, a campaign of vilification. Knocking your neighbor to boost yourself does not pay in politics, business,

#### VERMONT NEWS.

MILK PLANT ATTACHED.

Attorney Robert W. McCuen, representing several creditors of the Graustein Milk company, has attached the property of the milk company at Vergennes station and the reception of milk has According to the report of the State been refused for the present. The Treasurer appropriations of \$382,009.- matter was taken up in municipal court for settlement.

UNEARTH SKELETON.

While excavating in Orwell on the farm of J. M. Stevens, the skeleton of what appers to have been an Indian was unearthed. The entire skeleton war is correspondingly difficult and streets last year-and received very was there and in a fair state of presercostly. This concentration of the Guard little in return. There can have been vation. It was found under three feet on the border has been the most valu- but little result as it is conceded that of slate, and the supposition is that the bank slid down and caught the victim.

KILLED DOE.

Perley Albee a few days ago shot and killed a good sized doe, which was feeding on beets in his garden in Townshend. The game warden was notified and gave him permission to keep the meat. The doe's stomach was opened and was found The public in general will be pleased to be full of small beets. The deer with the sentence of a fine of \$300 killed and another have consumed and costs and to serve from four to six practically all the beets and mangles in months in the house of correction im- the garden of F. C. Cutler, near Mr.

FENDANT.

Probably a precedent was established in Rutland county on Friday, when Clarke C. Fitts of Brattleboro, sitting as special master of court, permitted a woman plaintiff, Mrs. Marion Egbert of New York, to cross examine a defendant, who in the case at band was Percival W. Clement of Rutland. The controversy involves a \$14,000 account for services. Mrs. Egbert claims she was employed at \$20 a week to compile a geneaology.

JUMPED IN FRONT OF AUTO. Saturday afternoon as O. N. Grant,

an elderly man of Orleans was walking "There is no mistake, the food is ex- toward his home on the Willoughby cellent," writes home a member of the lake road, he was knocked down by an 1st Vermont infantry now encamped at automobile driven by C. E. Kirk of St. Eagle Pass, Tex., and he gives a sample Johnsbury. It is said that the automomenu of the dinner as follows: "We have | bile turned out on the side of the road iced tea or lemonade, bread and butter, on which Mr. Grant was and when he potatoes and meat and also soup; then saw the car coming upon him he lost for a big top-off, as the boys callit, a big his head and instead of jumping into plate of good pudding." Surely good the ditch he sprang in front of the in Vergennes, found an English penny enough for anyone, and far better, in automobile. The result was a broken

STATION BURGLARIZED.

The Central Vermont railway's station around for the second time you are at Enosburg Falls was burglarized Sunpretty well filled up." The suppers are day morning, entrance being effected not quite so ample but they are sub- through the office windows. The safe, stantial for an evening meal, consisting which was a small one, was taken, conof "coffee, bread and butter, potatoes taining several mileages and about \$10 and meat, and either apple sauce, in cash. Fresh automobile tracks gave prunes or peaches." Relatives and the only clue. An express package of friends of the boys at the front need eigars with about 12 boxes was also not fear that the soldiers will suffer for broken into and eight of them taken. want of good, wholesome rations, and The rifling of a piece of baggage was not completed, something having evidently interferred with operations.

> AUTO PLUNGES THROUGH BRIDGE.

A Ford delivery automobile belonging to the G. S. Blodgett company of and small trees in close proximity to the Burlington and driven by Marcellus H. highway, their failure having added to Landon, with K. E. Prouty and George the inconvenience of travel and even to | W. Durfey as passengers, plunged through the guard rail of the bridge over the Lamoille river and turned way are bordered by this obstruction to turtle at the bottom of a 10-foot em- Public Sale, August 23 vision, the result being that there is bankment shortly before noon Saturday grave danger of collision between auto- morning, without any of its occupants

CHILD SHOT WITH RIFLE.

A bullet from a 22-rifle bored a hole in one toe for Miss Bertina Cerasoli at 40 Cows, her home in Barre Saturday afternoon. The child is 12 years old and the accident occurred while she was playing brother, Michael Cerasoli, is getting ready to leave Fort Ethan Allen with a contingent of Vermont boys slated for a took down the gun and was examining 100 daughters, many from high record the workings of the trigger when it exploded. The bullet passed through her left shoe, penetrated the great toe and went through the floor.

Look Good-Feel Good

No one can either feel good nor look

#### A------NATIONAL BANK OF MIDDLEBURY

ESTABLISHED IN 1833

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Accomodations Granted Consistent with Good Banking. 31/2 per cent paid on Savings Deposits, free from Tax. Interest Credited February and August. .. ...

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### Loans on Vermont Farms a Specialty.

This bank specializes in making loans on Vermont farms at not to exceed sixty per cent of the value of the real estate.

It will be to your advantage to write us, or what would be still better, come to the bank so that we may talk with you.

### Winooski Savings Bank

Organized 47 years.

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Winooski, Vermont.

Deposits made on or before Sept. 5th draw interest from Sept. 15t.

## TIME TESTED

The test of time shows that the person who makes regular deposits in the bank is far better off in the end than the one who ispeculates in schemes or dubious enterprises that he knows very little about. Start an account with us.

Per Cent INTEREST PAID

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Rutland Savings Bank Vermont Rutland,

## How Men Grow Rich

Few men ever grow rich on what they earn. It's what they save and reinvest that makes them wealthy.

Save a little of your salary. Then when the opportunity comes to take an interest in the business, to start a business of your own, or to invest in some other man's business, you will have the fund to do it with.

Meantime you can increase your savings yearly through the 4 per cent. interest we pay on savings accounts. Many a man who is rich today started a savings account with as little as a dollar.

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ROBERT W. MCCUEN

Vermont.

Middlebury,

Telephone 155

CHARGED WITH THIEVING. Business Cards. Cornelius Barlow, aged 14, and Harry Russell, nine years of age of Burlington LEROY C. RUSSELL were taken into custody by the police

Saturday afternoon, charged with thieving. They were detained at the station for some time and allowed to go to their homes. At frequent intervals during the past year packages of meat which have been rolled up in the meat shop of the F. Howes company placed in the team standing in Mechanics lane at the rear of the store preparatory to Municipal Judge, General Practice. delivery have been missed. Barlow has

hung about the market more or less and the employes there became suspicious of him. Barlow was caught once when he attempted to take meat from the Battell Block. - . Middlebury, Vt. block in the rear of the store and was allowed to go.

#### HOLSTEINS 05 TRA H. LAFLEUR, HOLSTEINS A GREAT HERD AND A GREAT SIRE Battell Block - . Telephone 141-3

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METTOWEE VALLEY FARM, GRANVILLE, : : NEW YORK This is one of the best herds of registered

cattle to be found, and consists of 30 Bred Heiters and 5 Heifer Calves.

The cows and heifers are bred to a 30 with her brother's rifle. Just now the lb. son of Mr. Moyer's Great King Lyons, and many of them are due before winter.

I will also offer the "Great White Bull", King Lyons Nudine, No. 102,847 contingent of Vermont boys stated for a as the calves I am to keep for a founda-sojourn on the border. The little girl tion are sired by him. He already has

> He is truly a Show Bull and is bound to be one of the great bulls of the country.

I am forced to sell on account of my health and the demands of my profession, or no money would induce me to good while suffering from constipation. part with the bull and many of the cows

> G. E. PARKER, Granville, N. Y.

K. MOORE. GENERAL AUCTIONEER.

Jollector of claims

Middlebury, - - -No job too large or small to receive prompt attention. Telephone connection, or make date with Register Office.

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DESCRIPTION: The flag we offer you measures 8 feet long by 5 feet wide. It is made of guaranteed rain-proof, sun-proof American bunting -absolutely fast colors. Stripes are sewed with double-stitched bight seams. Flag has strong canvas heading and metal gromments.

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